

Makilat

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Eid Mubarak

On the occasion of Eid Al-Fitr, I have the pleasure to convey my warmest greetings to his Highness the Amir Sheikh Sabah Al-Ahmad Al-Jaber Al-Sabah, his Highness the Crown Prince Sheikh Nawaf Al-Ahmad Al-Jaber Al-Sabah , his Highness the Prime Minister Sheikh Jaber Mubarak Al-Hamad Al-Sabah, all employees of KOTC and oil sector, the people of Kuwait and all those who live on this land. May Allah to return these happy occasions to all with prosperity and blessings, to preserve our dear homeland Kuwait from all evil, to keep it safe and secure. May peace prevail in the whole world with all live in happiness and tranquility.

Talal Al-khaled Al-Ahmad Al-Sabah
Chief Executive Officer

KPC Delegation attending the Company Eid Al-Fitr Reception

Top Management and Employees exchange Well Wishes on the Occasion



■ Khalid Al-Asousi, Ali Shehab and KOTC managers receiving the well-wishers



■ KPC leaders wishing well to KOTC officials

KOTC's Top management is keen to share the employees their joy in national, religious and social occasions with the employees. In this respect, DCEO Fleet Operations, Ali Shehab, DCEO for Finance & Admin. Affairs Khaled Al-Asousi and Group Managers exchange with the company's employees well wishes on the blessed Eid Al-Fitr. Ali Shehab and Khalid Al-Asousi assured that these happy occasions are excellent opportunities to build bridges of communication and show the

one-family spirit that gathers the employees in all positions and titles. Such events eliminate barriers between superiors and subordinates and create appropriate atmospheres for exchanging opinions in all subjects. Both wished happiness and success to everyone and to dear Kuwait permanent safety and stability. In turn, the employees participating in the reception expressed their happiness for the company management generous gesture, which became a praiseworthy

norm. The wished for such meetings to continue for all occasions as they leave positive hearty effects, strengthen the bonds among employees and into the interest of the work, progress and prosperity of the company.

A delegation from KPC, headed by CEO Nizar Al-Adsani, MD for Planning & Finance Wafaa Al-Zuabi, MD for Human Resources Badr Al-Sharrad and KIPIC CEO Hashem Hashem joined KOTC reception and wished the best for employees.



■ Dr. Fahed Al-Ubaid, Abdulla Al-Qallaf and Abdul Mohsen Al-Abdul Kareem



■ A number of employees



■ Abdul Wahab Al-Qatami and Muneera Al-Khashti



■ Female-employees at the reception



■ Nawaf Al-Husainan and Husham Al-Rifai'e



■ Abdulla Al-Qallaf, Abdul Mohsen Al-Abdul Kareem and Al-Ahmad Al-Rashidi



■ Khalid Al-Waheed and Jarrah Al-Buloushi



■ Abdul Rahman Al-Hasm and Bader Al-Adwani



■ Ahmad Abdul Ghani, Nawaf Al-Zaabi and Issa Matar



■ Raed Al-Safi and Bader Ali

“Zain the Thumbling” Play for Employees and their Children

On the Occasion of Eid Al-Fitr

Public Relations & Administration Affairs Group organized “Zain the Thumbling” play at Kazimah Club Theatre for the employees and their kids. The play story sheds light on the conscience, its vital role in human’s life and the grave consequences if someone has no conscience.

Zain, is a little girl whom size decreased to reach the size of a thumb. She found herself mixed with a group of very small insects and animals. Series of events and adventures took place until



■ Part of the audience at Thumbelina play

she started to grow back to original size. Zain the Thumpling is written by Hiba Mshari Hamada, music composed by Bashar Al-Shatti, distributed by Rabi' Al-Sidawi and directed by

Samir Abboud. Actors were Bashar Al-Shatti, Fatima Al-Safi, Ali Kakookli, Hamad Ashkanani, Marwa Bin Saghir, Shahd Al-Omairi, Shiab Band and Fatheya Jafaar who played the rde of zain.

KOTC Hosts Communication Strategy-2030 Workshop

In Cooperation with KPC Corporate Media Regulations Team



■ Part of the attendance

KOTC played host for a workshop of Corporate Media Regulations Team related to Communication Strategy- 2030 for KPC and its subsidiaries. The given presentations focused on how to improve the competency of PR and media employees in KPC and its subsidiaries. The workshop was held in cooperation with Shell Middle East Company, Leaders Development Unit and Planning



■ Participants in the workshop

Sector in KPC. Manager of Relations Department at KPC Jamal Al-Sanousi said that the success of KPC 2030-strategic directive relies mainly on main improving training competency, continuous and effective communication with the local media which is considered an important communication means between KPC and all segments and groups of the Kuwaiti society.

A special team was formed for setting and implementation of corporate media regulations as part of communication strategy 2030 for KPC and its subsidiaries to achieve integration, strengthen cooperation between KPC and its subsidiaries, end work duplication in the field of communication and build a solid base to implement other strategic goals through setting unified communication regulations.

Al-Zawawi: “Your behaviour is your choice”

Forming Self Good Mental Image to Achieve Aspired Success



■ Bashaer Al-Zawawi speaks about behavior selection

Public Relations & Administration Services Group organized a presentation entitled: “Our Behaviour is our Choice” by Prof. Bashaer Al-Zawawi, a Psychological Consultant and Trainer. She answered a number of inquiries, about the impulses behind our behaviour, is it the external or our inner world? Are we prisoners of the past and how can we balance our choices between happiness and misery? Prof. Al-Zawawi said that the human behaviour is built on the individual choice by an

inner impulse rather than from the outside world. “Our choices of behaviour goes with the Islamic instructions, where man has freedom of choice, and continuously seeks to fulfil five needs, which are: survival or (primary needs), love and belonging, strength, entertainment and need for freedom.” She added that all behaviour, from our birth till death, moves into fulfilling these psychological needs. The training included imagining important incidents in the individual’s life and monitoring behaviour, movement, thinking

and biological emotions. Prof. Al-Zawawi said that according to the theory of choice, we are the ones who choose the positive or destructive behaviour. She noted that our behaviour and temperaments are the direct results of the mental image we form about ourselves. Some have very limited mental self-image to the extent that it prevents them from achieving what they really want in life. Others have good and strong mental self-image, and as a result, they achieve success in the fields they choose.



■ Part of attendance



■ Part of attendance

KOTC Honored the Winners of Holy Quran Competition

For the 10th Consecutive Year & in cooperation with the Ministry of Awqaf and Islamic Affairs



■ Honoring Muhammad Hamza Younis



■ Sheikh Talal honoring Joury Hashim

For the tenth consecutive year, KOTC organized Holy Quran memorization and recitation competition employees and their children. The contest was organized in cooperation with the Holy Quran Affairs Dept. in the Ministry of Awqaf & Islamic affairs. Sheikh Osama Ahmad Ali Suleiman was the judge.

CEO, Sheikh Talal Al-Khaled, with the presence of Sheikh Osama Ahmad Ali Suleiman, distributed prizes to the winners. First place Class (A) went to Shauib AbdulAziz, Tasnim Hamza Younis took the second and the Third place went to Samir Al-Sharif.

As for Class (B), Mennat Allah Younis Hamza was winners the First place, Hazem Ayman

winners the Second place Abdulmounim Al-Ashmouni came in Third place.

In Class (C), winners were: Ahmad Younis at the First place, Mohamed Ali Fadl Second, Talin Hashem Third, Ghalia Al-Qatami Fourth, Mohammad Younis Fifth, Ali Jamal Sixth and Tarek Imam Seventh.

Meanwhile, in Class (D), 9 winners collected the prizes. Mai Al-Sharif, Ali Aldin Al-Mouneim, Joudy Moustafa, Joury Hashem, Ranim Al-Dasm, Mohammad Al-Hazim, Adam Jamal, Khaled Imam and Fares Khalaf.

Sheikh Talal Al-Khaled congratulated the winners and underlined the Company's concern in encouraging all employees and their children

to take guidance through the verses of the Holy Quran with included rules and directions to organize their lives. He also called for keep learning of Quran recital as a solid basis and approach of the Islamic values, habits and traditions that our fathers and grandfathers were founded on.

In turn, the employees that were keen to participate with their children said that the contest plants the love for the Holy Quran in their souls as a source of rules for guidance. Expressing their gratitude for the organizers in Public Relations & Administrative Services Group, they asserted that this contest has become a praiseworthy norm.



■ Honoring Khalid Ayman Imam



■ Honoring Adam Jamal



■ Ghalia Abdulwahab Al-Qatami reciting the Holy Quran



■ Honoring Sheikh Usama Sulaiman



■ othman Fares Al-Anzi



■ Shuaib Omar Abdul Aziz at the contest



■ Honoring Ahmad Hamza Younis



■ Fares Khalaf



■ Muhammad Hussain Al-Hazeem



■ Hazem Ayman Imam



■ Joudy Moustafa



■ Raneem Al-Dasm

KOTC Employees Walkathon

Achieving Health-related Goals



SMAIP/MAIP team organized a walkathon for KOTC employees in the Al Shaheed park. The aim was to encourage practicing sports and to make it a vital part of daily life for its positive influence on man's health and productivity. This walkathon was in line

with SMAIP/MAIP Team plan to achieve KOTC's goals of performance as set for health, safety, security and environment indicators. The team organizes awareness campaigns, and many other activities will be carried out in the near future.

SMAIP/MAIP Team includes Planning Team Leader Eng. Anwar Al-Shamaa, Health, Safety & Environment Team Leader Fleet and QAHSE Eng. Khaled Haidar and Quality Assurance, Health, Safety & Environment and Team Leader QAHSE Engineer Nawaf Al-Zuaabi.





Health & Safety Day at LPG Branch - Shuaiba

Awareness Sessions and Medical Check-ups



■ Dr. Muhammad Shebal, Dr. Intisar Al-Hendal and LPG Shuaiba Branch at the Health Day

The Health, Safety and Environment section of GFB-S organized the Occupational Health and Environment Day on 5/4/2017. A number of awareness sessions and presentations were given during the day.

The first session, titled "Beat Stress at Work," was delivered by Dr. Intisar Al-Hendal from Kuwait Oil Company. The session tackled the main causes of mental stress at work and prevention measures.

The second session was delivered by, Head of Division QAHSSE, Yousef Al-Rasheedi and was titled "Ergonomics." Al-Rasheedi spoke about the impact the work environment

on the body. He explained how to avoid routine work related injuries that can cause musculoskeletal disorders. He also reminded the audience about the importance of regular exercises and muscle stretching periodically and during working hours to reduce the chances of injuries.

In addition, the representative of Ministry of Health - Occupational Health Department, Dr. Mohammed Shebal, presented an awareness session titled "Occupational Noise Exposure." Dr. Shebl explained how loud noise could cause hearing loss. The presenter warned that the damage caused by exposure to

noise is irreversible; therefore a careful care is required to protect the ear from exposure to noise, even for short periods. He recommended periodic hearing check-ups.

Following the three sessions, Gas Filling Branch Manager-Shuaiba, Eng. Ahmad Al-Bdah praised the organizers for the good work. He also honored the presenters.

Health, Safety and Environment Section in Gas Filling Branch-Shuaiba, recommends that preventive measures must be taken to reduce the risks of occupational hazards. He wished everyone good health and wellness.



■ Sayaf Al-Hajeri honored



■ Eng. Ahmad Al-Bdah honors Dawood Al-Zayer



■ Eng. Yousef Al-Rashidi with employees from Shuaiba Branch



■ Dr. Muhammad Shebal speaks about noise exposure



■ Employees at medical check-up



■ Employees at medical check-up



■ Dr. Muhammad Shebal, Dr. Intisar Al-Hendal and a few attendance



■ Part of attendance



■ Eng. Ahmad Al-Bdah honoring Eng. Sheikha Al-Musheleh



■ Employees participating in the Health Day

A Training Course for Officers and Marine Engineers

In Cooperation with the HITN of PAAET

KOTC organized a 5-day training course for officers and marine engineers at the company's headquarters from 5 till 9 March.

A workshop was held in line with the course in which all attending officers were trained on the ship command bridge simulator, observation tower procedures, circumstantial awareness and manoeuvring. In continuation of the fruitful cooperation between the Public Authority for Applied Education and Training (PAAET) and KOTC, the Higher Institute of Telecommunications & Navigation (HITN) provided the facilitations for the training program using the Institute's simulator from 6 to 9 March. In this regard, HITN Director

Captain Munther Al-Kandari, said that the Institute spares no effort for the sake of cooperation with everyone involved at the maritime transport sector, especially KOTC, the leader company, not only on the regional level, but also on the global level. He said that HITN owns the largest air/sea navigation simulation complex in the world. "In line with the vision of the General Director Dr. Ahmed Al-Athari, PAAET closely cooperates with all parties in order to provide trained and competent human resources," he said.

The officers were trained by Cap. Jamal Hassoun of KOTC, a certified trainer from the International Maritime Organization.

HITN has a unique simulation

unit for a ship command room in which the training was conducted. This enabled the trainees to participate in several realistic scenarios and simulations of passing through Singapore Strait and the English Channel. The ship is operated in different conditions and circumstances, including loading, balancing, very dense passing, dealing with sea conditions, strong winds, heavy rain, invisibility, etc., as well as various emergency scenarios including fire, collision, search and rescue. The trainees of the marine staff were able to practice and develop their abilities and skills without confronting any real dangers.

This training greatly boosts the confidence of the marine



■ An open discussion



■ Mr. Ali Shehab speech at the training course



■ At the presentation



■ Part of the training activities



■ Cap. Muneer Barjak and Cap. Rajinder Pinto at a presentation



■ At the training course

individuals working in KOTC. Three different daily sessions and workshops were held, during which responsibilities and missions were exchanged between all attending trainees in order to convey further knowledge on Bridge Team Management on

all aspects simultaneously. The simulator operates similarly to KOTC regarding all equipment available on the modern oil tankers. Such training programs give the chance for the concerned workers in KOTC headquarters to evaluate the

trainees, locate the gaps and shortcomings in order to fulfil and meet the trainings needs. Due to the positive reaction shown by the marine staff trainees working on board of the Company fleet tankers, further training courses and seminars will be organized.



■ Part of the training course



■ At the training course



■ Discussion with officers and engineers



■ A side of the discussion

Damage-free Accidents Training Course for Shuaiba LPG Employees

Highlighted the importance of Reporting, Confronting and Finding Solutions

Health, Safety & Environment Quality Dept., in cooperation with Health, Safety & Environment Department in Shuaiba LPG Filling Branch, continued the training courses about damage-free accidents, unsafe acts and conditions. Several workshops and presentations for Shuaiba LPG Filling Branch employees were given by Head of Division QAHSSE Yousef Al-Rashidi. Al-Rashidi highlighted the importance of reporting the damage-free accidents, unsafe acts and conditions in order to prevent and find solutions before such incidents turn into grave accidents. Employees refrain from reporting the accidents due to fear of blame, carelessness in viewing the previous reporting



■ Participants at the training course or to avoid troubles of frequent phone calls and e-mails. Studies were previewed during the presentations. He also explained the benefits and positive points of reporting damage-free accidents. Root causes, potential risks and means of control can be identified; hence, concern should be given in order to fix the problems and avoid future

hazards. Al-Rashidi cited some examples of potential damage-free accidents and explained how to fill out the related form. He underscored the employee's responsibility in reporting and emphasized that the purpose of reporting is not to fish for the mistakes but to avoid serious injuries and property losses.

Training Course for Drivers at Um Al-Aish and Shuaiba

Tests and Evaluations for Assuring Personnel and Equipment Safety



■ A number of Um-Al-Aish drivers

Human Resources & Career Development Group organized a 9-day training course for drivers working in LPG Filling Branches of Um Al-Aish and Shuaiba. The 3-day weekly driving courses at LPG Um Al-Aish



■ Drivers at the training

Filling Branch continued its training courses. Training included theoretical and practical sessions about the traffic rules and street safety to improve the level of the education, adherence to laws and how to

deal with emergencies such as accidents, injuries and leakage of transported dangerous materials. The courses include testing and evaluations to ensure the safety of individuals and equipment.